

Research Paper Outline Sample

The Impact of Social Media on Mental Health

I. Introduction

- A. Background information on social media and mental health
- B. The importance of studying the impact of social media on mental health
- C. Purpose of the research paper
- D. Research questions and objectives

II. Literature Review

- A. Definition of social media
- B. The prevalence and patterns of social media use
- C. Theoretical frameworks on the impact of social media on mental health
- D. Previous research on the topic
 - 1. Positive effects of social media on mental health
 - 2. Negative effects of social media on mental health
 - 3. Mixed findings on the impact of social media on mental health

III. Methodology

- A. Research design
 - 1. Qualitative, quantitative, or mixed methods
- B. Data collection
 - 1. Sample selection

2. Data collection methods (e.g., surveys, interviews, observation)

C. Data analysis

1. Qualitative analysis (e.g., thematic analysis)
2. Quantitative analysis (e.g., regression analysis)

D. Limitations and ethical considerations

IV. Findings

A. Overview of the data collected

B. Presentation of the results

1. Positive effects of social media on mental health
2. Negative effects of social media on mental health

C. Discussion of the findings

1. Implications for social media use and mental health
2. Implications for policy and practice

V. Conclusion

A. Summary of the research paper

B. Implications of the research findings

C. Suggestions for future research

D. Final thoughts and recommendations.