IMG Personal Statement

My journey in medicine has been informed by the training experience, which helped me understand healthcare systems with diverse resources, expectations, and patient populations. Being an international graduate as a medical student, I have also managed to lead a fast adaptation process, express myself verbally, and tackle clinical issues with flexibility skills, which I believe are critical in effective residency training in the United States.

My medical training occurred in a system where doctors are prone to large patient loads with minimal diagnostic facilities. This venue helped me improve my clinical observation and solidify the necessity of detailed history-taking and physical examination. As a trainee in clinical contexts, I was dealing with patients with advanced disease presentation, with a frequent occurrence of the patient lacking timely access to care. These visits increased my understanding of the importance of preventive medicine and early intervention.

Since deciding to pursue residency in the United States, I have actively worked to familiarize myself with the U.S. healthcare system. Through clinical observation and hands-on experience, I have developed an understanding of team-based care, documentation standards, and patient-centered communication. I have sought feedback intentionally and view adaptability as one of my core professional strengths.

I do not consider my international training a constraint, but it contributes to my clinical judgment and cultural sensitivity. I am used to working with various types of patients and addressing the language and cultural issues in a professional and understanding manner. Moreover, I intend to train under an internal medicine residency program that does not undermine the importance of rigorous clinical training and teamwork practice. Finally, I value lifelong learning, and I feel my experience has positioned me to make a significant contribution to a residency program as I develop into a competent and caring physician.